



DASH

away the myths about heart disease and stroke at
the 2019 Red Dress Dash

Friday, February 8, 2019

Emmis Communications (40 Monument Circle)

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| 8:00 a.m. | Free Health Screenings & Vendor Booths |
| 8:20 a.m. | Brief Program, Best Dressed Contest Awards |
| 8:30 a.m. | Dash around the Circle! |
| 9:00 a.m. | Casting Call—share how you've been impacted by heart disease and stroke |

Go Red For Women® invites men and women from across our community to put on red dresses and sneakers, grab a team of friends, and join the Go Red For Women® Red Dress Dash. Dash around Monument Circle to raise awareness for the fact that **more women than men's lives are claimed by heart disease & stroke.**

Questions, visit heart.org/IndyGoesRed or call 317.732.4713